

Jext[®] Prescriber Checklist

Please ensure that you as a prescriber are able to answer 'yes' to the questions below related to prescription, user instruction and storage and care of Jext[®].

Patient name: _____

➤ Prescription

Does the patient weigh between **15kg** and **30kg**? Prescribe Jext[®] **150** micrograms

Does the patient weigh above **30kg**? Prescribe Jext[®] **300** micrograms

Has the patient been prescribed two Jext[®] auto-injectors?

Has the patient been recommended to carry two Jext[®] auto-injectors with them at all times?

➤ Instructions for use

Has the patient been shown the correct handling and administration technique?

Has the patient been instructed to contact emergency services to request an ambulance and to state "anaphylaxis" after using their Jext[®] auto-injector even if the symptoms seem to improve?

Is the patient aware to administer a second Jext[®] auto-injector after 5-15 minutes in the absence of clinical improvement?

Has the patient been provided with a Jext[®] Trainer for future administration technique training?

Has the patient been instructed not to carry or store their Jext[®] Trainer with their Jext[®] auto-injector?

Has the patient been provided the Patient Information Card for additional training and guidance?

Has the patient been recommended to view the instructional video on how to use Jext[®]. Please visit <http://www.jext.co.uk/jext-video-demonstrations> to view our demonstration videos in full.

➤ Storage and care

Has the patient been instructed to store their Jext[®] below 25 °C and to avoid freezing the product?

Has the patient been instructed to periodically check the adrenaline solution through the viewing window of the unit to make sure the solution is clear and colourless and to replace the auto-injector if the solution is discoloured or contains a precipitate?

Has the patient been advised to regularly check their Jext[®] and ensure it is replaced within the expiry date?

Prescriber signature: _____

Date: _____

Jext[®] Prescriber Checklist

Jext[®] is a pre-filled pen (auto-injector) delivering one dose of adrenaline (as tartrate).



➤ Jext[®] is indicated in the emergency treatment of severe acute allergic reactions (anaphylaxis) to insect stings or bites, foods, drugs and other allergens as well as idiopathic or exercise induced anaphylaxis.



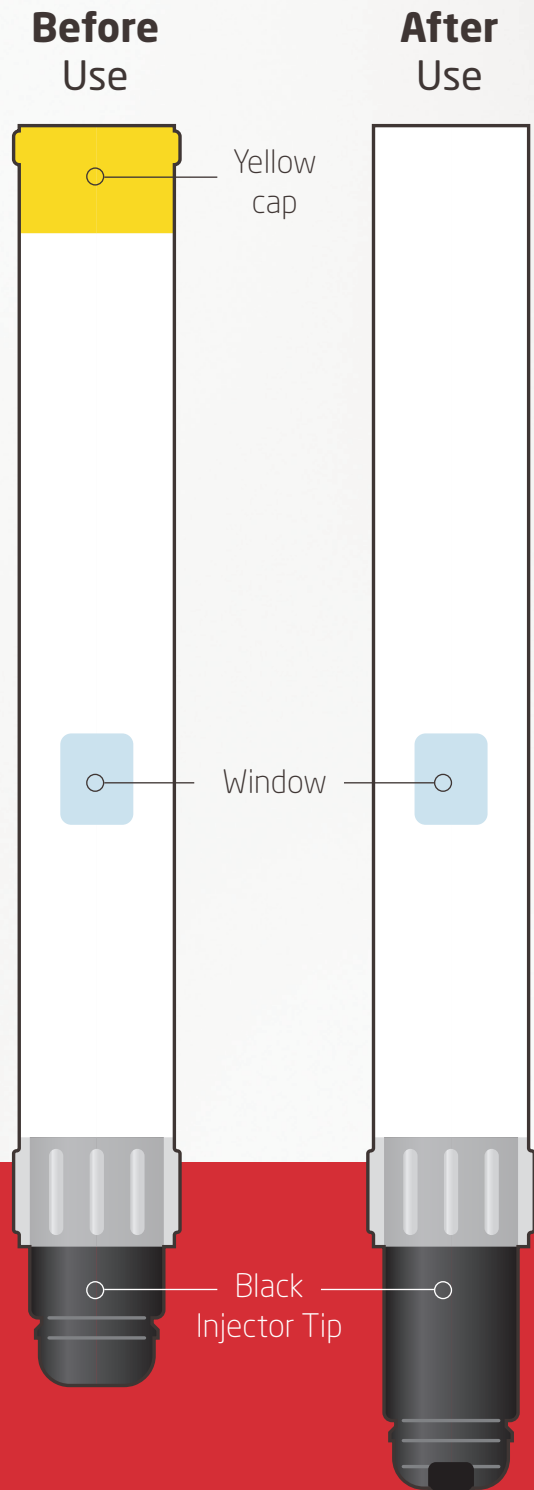
➤ Education of patients and caregivers is crucial to ensure timely and correct handling and administration of adrenaline in emergency situations, and consequently an important part of risk management for the patient. Knowledge of proper administration technique and device care furthermore decreases the risk of accidental or unnecessary drug administration, minimizing the risk of adverse reactions.



➤ The purpose of this check list is to aid you as the prescriber in instructing the patient and/or caregivers in correct use, storage and care of Jext[®]. The checklist may be used as a general instructional tool or for documenting consultations of individual patients.

Educational materials regarding the correct use, storage and care of Jext[®] are available to patients and caregivers:

- **Jext[®] Trainer**
- **Instructional Video**
- **Patient Information Card**



Jext® Prescribing Information

Please refer to the Summary of Product Characteristics before prescribing. **Name** Jext 150 micrograms solution for injection in pre-filled pen Jext 300 micrograms solution for injection in pre-filled pen **Active Ingredients** Jext 150 micrograms: One pre-filled pen delivers one dose of 0.15ml solution for injection containing 150 micrograms of adrenaline (as tartrate). Jext 300 micrograms: One pre-filled pen delivers one dose of 0.30ml solution for injection containing 300 micrograms of adrenaline (as tartrate). **Indication** Jext is indicated in the emergency treatment of severe acute allergic reactions (anaphylaxis) to insect stings or bites, foods, drugs and other allergens as well as idiopathic or exercise induced anaphylaxis. **Dose** Patients between 15 kg and 30 kg in weight – The usual dose is 150 micrograms. Patients over 30 kg in weight – The usual dose is 300 micrograms. **Administration** For single use. Jext is for intramuscular administration into the anterolateral thigh. It is designed to inject through clothing or directly through the skin. Massage around the injection area is advised to accelerate absorption. Please refer to the Summary of Product Characteristics for detailed instructions for use. In the absence of clinical improvement or if deterioration occurs, a second injection with an additional Jext may be administered 5 – 15 minutes after the first injection. It is recommended that patients should carry two Jext pens which they should carry at all times. The patient should seek emergency medical assistance immediately after administering Jext for monitoring of the anaphylactic episode and further treatment as required. **Contraindications** There are no absolute contraindications to the use of Jext during an allergic emergency **Undesirable Effects** The alpha and beta receptor activity of adrenaline may cause undesirable effects on the cardiovascular system, central nervous system and other organ systems including hyperglycaemia, hypokalaemia, metabolic acidosis, anxiety, hallucination, headache, dizziness, tremor, syncope, tachycardia, arrhythmia, palpitations, angina pectoris, stress cardiomyopathy, hypertension, vasoconstriction, peripheral ischaemia, bronchospasm, nausea, vomiting, hyperhidrosis or asthenia. Please consult the Summary of Product Characteristics in relation to side-effects. **Warnings** Do not inject Jext into the buttocks. Accidental injection into hands or feet may cause peripheral ischaemia due to vasoconstriction. In patients with thick subcutaneous fat layer, there is a risk of the adrenaline not reaching the muscle tissue resulting in a suboptimal effect. **Precautions** Special

caution should be taken in patients with cardiovascular diseases, hyperthyroidism, phaeochromocytoma, narrow angle glaucoma, severe renal impairment, prostatic adenoma leading to residual urine, hypercalcaemia, hypokalaemia and diabetes. Caution is indicated in patients receiving drugs that may sensitise the heart to arrhythmias, including digitalis and quinidine. The effects of adrenaline may be potentiated by tricyclic antidepressants, monoamine oxidase inhibitors (MAO-inhibitors) and catechol-O-methyl transferase inhibitors (COMT inhibitors), thyroid hormones, theophylline, oxytocin, parasympatholytics, certain antihistamines (diphenhydramine, chlorpheniramine), levodopa and alcohol. Caution should also be taken in elderly and pregnant patients. Jext contains sodium metabisulphite which may rarely cause severe hypersensitivity reactions in susceptible people. Susceptible people must be carefully instructed in regard to the circumstances under which Jext should be used. All patients who are prescribed Jext should be thoroughly instructed to understand the indications for use and the correct method of administration. It is strongly advised also to educate the patient's immediate associates (e.g. parents, caregivers, and teachers) for the correct usage of Jext® in case support is needed in the emergency situation. Patients should be advised to regularly check Jext and ensure it is replaced within the expiry period. **Legal Category:** POM. **Marketing Authorisation Numbers:** PA1255/006/001, PA1255/006/002 **Marketing Authorisation holder:** ALK Abelló A/S, Bøge Alle 6-8, DK-2970 Hørsholm. **Date of last revision:** July 2023. **IE-JXT-2300019**

Adverse events should be reported.
Reporting forms and information can be
found at www.hpra.ie

Adverse events should be reported to ALK Abello
Medical Information on 0118 903 7940 or email
drugsafety@alk.net

Date of preparation: June 2024
Code: IE-JXT-2400007

www.jext.co.uk

Prescriber Checklist



Jext®: Instructions For Use

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1, Grasp the Jext® injector in your dominant hand (the one you use to write with) with your thumb closest to the yellow cap.
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2, Pull off the yellow cap with your other hand.
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3, Place the black injector tip against your outer thigh, holding the injector at a right angle (approx 90°) to the thigh.
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4, Push the black tip firmly into your outer thigh until you hear a 'click' confirming the injection has started, then keep it pushed in. Hold the injector firmly in place against the thigh for 10 seconds (a slow count to 10) then remove. The black tip will extend automatically and hide the needle.
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5, Massage the injection area for 10 seconds. Seek immediate medical help.



Please visit www.jext.co.uk to view our demonstration videos in full.

Dial 111, ask for an ambulance and say "anaphylaxis"
If you are unable to make the call, get someone else to call for you.

BE PREPARED: Use a second Jext® after 5-15 minutes if the symptoms do not improve.

YOU SHOULD CARRY YOUR JEXT® INJECTORS WITH YOU AT ALL TIMES.

Treatment Quick Guide

ANAPHYLAXIS

Use your Jext® and immediately after using your Jext® dial 111, ask for an ambulance and say 'anaphylaxis'



Be prepared:
Use a second Jext® after 5-15 minutes if the symptoms do not improve

www.jext.co.uk

Don't forget to download the app for Jext® patient support.



Available for iPhone.



Available for Android

