

Medical authorisation for travel

THIS PERSON IS AT RISK OF A LIFE-THREATENING ALLERGIC REACTION (anaphylaxis)

Name

(as shown in passport):

Date of Birth:

This person's allergy action plan and emergency medications should be easily accessible at all times while travelling. Emergency medications may include:

- > One or more Jext[®] adrenaline autoinjector devices
- > Antihistamines (as tablet or syrup)
- > Immunotherapy medications
- > Asthma medications

This person and/or their family must be allowed to carry a safe and appropriate supply of food and liquid with them for the travel period. For infants this may include, but not limited to, milk formula.

Immediate administration of an adrenaline autoinjector is the first line treatment for anaphylaxis.

This is a single, fixed dose of adrenaline which can be life-saving. In some cases one dose is not enough and another autoinjector may need to be administered 5-15minutes after the first injection.

The luggage hold of an aircraft is NOT an appropriate place for the storage of emergency medications, as these:

- > Need to be readily available
- > Can be broken with rough handling
- > May be lost if luggage goes astray
- > Must not be subjected to temperature fluctuations.

Jext[®] autoinjectors must therefore be carried in the hand luggage or on the person.

This medical authorisation has been prepared by:

Dr: _____

Hospital/Clinic: _____

Signed: _____

Date: _____